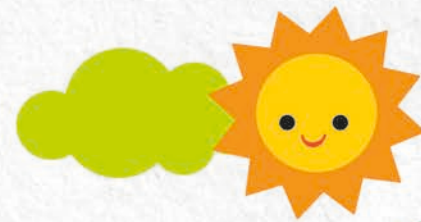


Week 1

# HENRY FAWCETT PRIMARY SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Butchers pork or chicken sausages with gravy (G,Su,Mk,E)	Classic beef lasagne (G,Mk,E)	Roast beef or turkey served with gravy (G)	Spicy breaded chicken strips served in a bun (G,E,Mk)	Creamy salmon & broccoli pasta bake (?)
VEGETARIAN MAIN MEAL	Quorn sausage and gravy (Mk,E,G)	Penne pasta with tomato and basil sauce (G)	Courgette, pepper and tomato bake with a cheesy topping (G,Su,Mk)	Veggie burger served in a bun (?)	Macaroni & leek cheese (G,Mk)
CARBOHYDRATE	Creamy mash potato (Mk)	Garlic croutons (So,Mk,G)	Minted new potatoes	Baked sweet potato wedges	Garlic bread (Mk,G)
VEGETABLES	Broccoli ... Roasted vegetables	Carrots ... Sautéed courgettes	Sugar snaps, mange tout & peas ... Cauliflower florets	Corn on the cob ... BBQ baked beans	Garden peas ... Roasted carrots
DESSERT	Strawberry cheesecake (G,Mk)	Eves pudding with custard (G,E,Mk)	Classic English trifle (G,E,Mk)	Chocolate sponge with chocolate sauce (G,Mk,E)	Mixed fruit fool (Mk)



Salad bar, fresh breads, yoghurts and fresh fruits are available every day! For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 1 menu commencing: 11 April, 2 May, 23 May, 20 June, 11 July



Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten  
L = Lupin

Mk = Milk  
Mo = Molluscs  
Mu = Mustard

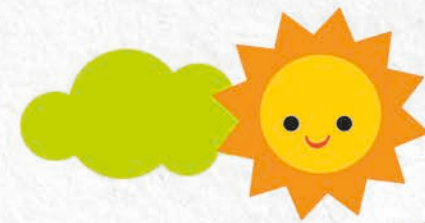
N = Nuts  
P = Peanuts  
Sc = Sesame Seeds

So = Soya  
Su = Sulphur Dioxide



Week 2

# HENRY FAWCETT PRIMARY SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken & vegetable madras (?)	Cottage pie with a crispy potato topping (Su, So, Mk, G, Ce)	Roast pork or chicken with stuffing and gravy (G)	Chicken pie with puff pastry (Su, Mk, G, Ce)	Baked fish fillet with a herby crust (G, Mu, F, E)
VEGETARIAN MAIN MEAL	Sweet potato, lentil & spinach curry (?)	Veggie mince pie with a crispy potato topping (E, Su, So, Mk, G, Ce)	Wholemeal cheese and onion tart (Mk, E, G)	Roasted vegetable filo strudel with tomato sauce (Su, Ce, Mk, G)	Spanish omelette (Mk, E)
CARBOHYDRATE	Steamed rice	Herby bread (G)	Roasted new potatoes	Creamy mashed potato (Mk)	Herby diced potatoes
VEGETABLES	Green vegetable medley ... Bombay potatoes	Roasted corn on the cob ... Broccoli	Baton carrots ... Cabbage	Ratatouille ... Green beans	Garden peas ... Roasted cauliflower
DESSERT	Toffee apple crumble with custard (G, Mk)	Banana custard (G, Mk, E)	Lemon cheesecake (G, Mk, E)	Warm vanilla sponge with strawberry sauce (G, Mk, E)	Ice cream with fruit coulis (Mk)



Salad bar, fresh breads, yoghurts and fresh fruits are available every day! For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 2 menu commencing: 18 April, 9 May, 6 June, 27 June, 18 July



Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten  
L = Lupin

Mk = Milk  
Mo = Molluscs  
Mu = Mustard

N = Nuts  
P = Peanuts  
Sc = Sesame Seeds

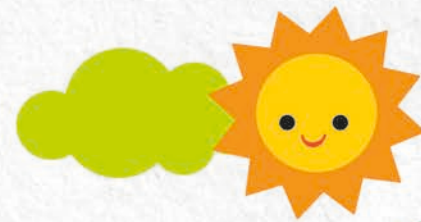
So = Soya  
Su = Sulphur Dioxide





Week 3

# HENRY FAWCETT PRIMARY SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Penne pasta bolognise (G)	Jerk chicken thighs (?)	Roast shoulder of lamb or honey roast gammon served with gravy (G)	Sticky BBQ chicken (?)	Tuna & sweetcorn fishcake with chunky tomato salsa (F)
VEGETARIAN MAIN MEAL	Tomato, red pepper and basil penne pasta (G)	Spicy vegetable samosa with sweet chilli sauce (G,Ce)	Savoury veggie mince in a Yorkshire pudding with gravy (G,Mk,E)	Vegetable & bean chilli fajitas (?)	Sweet potato, spinach & squash rosti with salsa (Mk,E)
CARBOHYDRATE	Garlic bread (G,Mk)	Rice & peas	Roasted new potatoes	Baked potato wedges	Herb, chilli & garlic diced potatoes
VEGETABLES	Broccoli ... Roasted vegetables	Sweet potato mash ... Green beans	Courgettes in tomato sauce ... Cabbage	Sweetcorn ... Celariac coleslaw	Garden peas ... Carrots
DESSERT	Stewed apple with shortbread (G,Mk)	Sticky toffee pudding (Su,G,E,Mk)	Fresh fruit meringues with cream (G,Mk,E)	Chocolate sponge with chocolate sauce (G,Mk,E)	Fruit jelly with ice cream (So,G,E,Mk)



Salad bar, fresh breads, yoghurts and fresh fruits are available every day! For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 3 menu commencing: 25 April, 16 May, 13 June, 4 July



Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten  
L = Lupin

Mk = Milk  
Mo = Molluscs  
Mu = Mustard

N = Nuts  
P = Peanuts  
Sc = Sesame Seeds

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